RSES Auxiliary
“Making Life Worthwhile”
International RSESA Officers and Board of Directors

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Delegate Credentials
Annual Conference October 15-18, 2014
Long Beach, CA

Member at Large: __________________________

date: _________________________________

delegate: ______________________________

Proxy: _________________________________

Alternate Delegate: ____________________

(MAL) City and State: __________________

Signed By _____________________________

Member at Large: ______________________

Mail this copy to the International Secretary:
Gail Pascal

Delegate: Bring this copy to the annual Conference.
DELEGATE CREDENTIALS

Annual Conference                                      October 15-18, 2014
                                                  Pittsburg, PA

CHAPTER: ____________________________________________

DATE:    ____________________________________________

DELEGATE: __________________________________________

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ALTERNATE DELEGATE: __________________________________

SIGNED BY
CHAPTER PRESIDENT: __________________________________

SIGNED BY
CHAPTER SECRETARY: __________________________________

Mail this copy to the International Secretary:
Gail Paschal

DELEGATE CREDENTIALS

Annual Conference                                      October 15-18, 2014
                                                  Long Beach, CA

CHAPTER: ____________________________________________

DATE:    ____________________________________________

DELEGATE: __________________________________________

PROXY:     __________________________________________

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SIGNED BY
CHAPTER PRESIDENT: __________________________________

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Delegate: Bring this copy to the annual Conference.
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Looking Forward to see everyone at Long Beach!
Look forward to seeing everyone in Long Beach, California!

Long Beach Weather

Long Beach has nearly 345 days of sunshine every year; the only cold is a cool ocean breeze that caresses the shoreline! High temperatures in the summer range from 70-80 degrees with winter highs at a comfortable range between 67-73 degrees making Long Beach the ultimate year-round destination.

Special Thanks to Our Contributors

Cowtown Chapter Region 10
Dallas Chapter Region 10
FIRE ICE Mechanical Kurt and Lisa Eggert
Empire Keystone Association RSES Region 2
Garden State Chapter Region 3
Greater Pittsburgh Chapter Region 2
Harlan “Skip” Krepcik, CMS and Karen Krepcik Region 4
Joe & Anita Machese Region 2
Long Beach Chapter, Region 15
Metropolitan New York Chapter Region 2
Mid-Southeast Region 4
Mid-West Auxiliary Region 9
Niagara Frontier Chapter Region 2
RSES Region 9
RSES Headquarters
Robert “Bob” Sherman, CM RSES International President
St. Louis Gateway Region 9
Tidewater Chapter of VA Region 4
Triad Chapter NC Region 4
Virginia Chapter 1 Region 4

We auxiliary members would like to thank those who have helped sponsor this edition with their ads. We are able to share the activities and news of the Regional and International Members do to your support. For those who may not of been able to attend the different Conferences we hope this newsletter will give you updated information.

Terry Hollander, Publicity Director
TRANSPORTATION: RSES has negotiated transportation options with Super Shuttle. Super Shuttle is the nation's leading shared-ride airport shuttle, providing door-to-door ground transportation friendly drivers, comfortable vans and reasonable rates.

LOS ANGELES INTERNATIONAL AIRPORT
Super shuttle: $17.00 one way per person
To reserve: 310-782-6600 or 800-862-7771
Yellow Cabs: Approximate cost to LAX is $50-$65.00 one way South Bay Yellow Cab and Taxi: 800-924-TAXI

LONG BEACH AIRPORT
Long Beach Yellow Cab: To reserve: 562-435-2888 or contact: The Hyatt Regency Long Beach Bellstand at 562-491-1234 ext. 52 or 562-624-6040 Approximate cost is $23.00

JOHN WAYNE (ORANGE COUNTY) AIRPORT:
Super shuttle: Approximate Cost: $37.00 one way per person and $9.00 for each additional person in the same party. Advance reservations are required. To reserve: (714)-517-6600 or 800-862-7771.
Taxi Cab: Approximate cost is $65-$75 one way
To reserve: 800-469-8294
Car Rental: The Hyatt Regency Long Beach has entered into an agreement with Hertz in an effort to expedite the car rental process and to provide the most competitive rates for our guests. They offer courtesy pick-up service between the hotel and their office, as well as quite a selection of vehicles, including Jaguars! Contact the Hyatt Regency Long Beach Hotel Concierge to make direct arrangements with Hertz's local office and take advantage of this service.

HOTEL AND TRANSPORTATION INQUIRIES
For more hotel and transportation information please call RSES at 1-800-297-5660 or 1-847-297-6464, or e-mail conference@rses.org.

1911 Rohlwing Road, Suite A
Rolling Meadows, IL 60008-1397
Fax: 847/297-566
E-mail: conference@rses.org
The 77th Annual RSES Conference and HVACR Technology Expo will be held on Oct. 15-18, 2014 at the Hyatt Regency Long Beach Hotel in Long Beach, Calif. The 2014 conference will focus on education as well as many industry-related topics and the theme will be, “Oceans of Knowledge.” The RSES Long Beach Chapter will host the event.

HOTEL AND TRAVEL INFORMATION
By booking your hotel stay at the conference hotel, you help RSES keep the costs of the conference registrations down. RSES has reserved a block of guest rooms at the following conference hotel:

**HYATT REGENCY LONG BEACH HOTEL**
200 South Pine Avenue -Long Beach, CA 90802
www.longbeach.hyatt.com Phone: 562-491-1234 Fax: 562-432-1972

**Reservations:** Reservations can be made now through the hotel and should be made no later than **Sept. 29, 2014** to ensure the group rate. Conference guests are required to either call or make reservations online. Mention group name "RSES 77th Annual Conference" when making reservations by phone.

**Hyatt Regency Long Beach Hotel Room Reservations**
Check-in time is 3:00 p.m. Check-out time is 12:00 p.m.

**Guest room rates are:**
- **Single/Double:** $149/night, plus applicable taxes*
- **Triple:** $174, plus applicable taxes*
- **Quad:** $199, plus applicable taxes*

**State and local taxes and assessment are currently 15.1%**

**Parking:** With an overnight stay, self-parking is $17.00 per night (regular fee is $22.00) and valet is $21.00 per night (regular fee is $26.00). Should you attend a function at the hotel, self-parking is $9.00 per day and valet is $11.00 per day.

**TM:** The ATM is located in the lobby next to the front desk.

SLATE OF OFFICERS AND DIRECTORS FOR 2013-2014

seated from left to right...

Sgt. at Arms   Karla Miller
Immediate Past President / Secretary   Gail Paschal
President   Barbara Frase
Vice President   Sandy Ralston
Treasurer   Denise Ziegelbein
Historian   Bob Sherman
Parliamentarian   Keith Ziegelbein
Publicity   Terry Hollander
Credentials   Grace Wellander
Chapter Supplies   Lynn Hoke
Officers Activities   Lyn Sherman

Be sure to submit your nominations for the Awards “Make Life Worthwhile”
Hello To All,

Hope you have managed to dodge any damages from the spring storms. We are still cleaning up from the last ice storm. I have been spending more time with my Mother this spring. She is 89 now and gets around pretty good, but does much better when someone is with her. She went with my sisters and me to sing for the senior center last month and sang 2 songs with us.

We started Vegas and Tyler in violin lessons the first of January. Tyler dropped out in February. Vegas dropped out in March. Now, yours truly is taking the lessons since we had paid through June. It’s something I’ve always wanted to do. She says I am doing well. We are having a recital May 30. Imagine “Big Mama” on stage with the 5 and 6-years olds. I plan on playing Amazing Grace.

I have crocheted 20 beanies this year, gave some away. I plan on donating 15 to the Cancer Center for chemo patients. I am still volunteering at the school when I can, in first grade or the library. The PTA sponsored a Spring Fling and I made hot dogs for 4 hours. Boy, my feet were tired.

Vegas is still loving gymnastics plus we have added T-Ball. She is in the coach pitch age group. Tyler just made orange belt in karate and is also playing T-Ball. His age group hits off the tee. We took them to the Circus in February. In April, we took them to Scooby-Doo, the musical. Tommy and I got to see The Jersey Boys. The music was great! The language was not suitable for children.

We are planning a short trip to Harrah’s at Cherokee, NC to see Dolly Parton in concert. We have a busy summer coming up. Gotta keep Vegas and Tyler busy! I guess the age old question is, Does it keep you young? Or, Does it wear you out?

Love to all and have a great summer!

Gail Paschal, RSESA International Secretary and Immediate Past President

Welcome to the City of Champions!

Make plans to attend the RSES International Annual Conference October 12-19, 2014 at the Hyatt Regency Long Beach Hotel 200 S Pine Avenue Long Beach, CA
On February 1st, 2014 The Empire-Keystone Association (EKA) - the Regional Association for Region 2 - sponsored a “Troubleshooting Commercial Refrigeration Systems” Training Program in Syracuse, NY with over 120 participants in attendance. The instructor was Art Miller, CMS renowned educator and Region 2 Director. The EKA continues to be proactive in presenting pertinent, up-to-date training programs throughout the region.

At the Auxiliary Breakfast Meeting member Delores Hensley receives her 25 year and her 35 year membership certificates from Gail Award consideration. Forms can be mailed, faxed or e-mailed to: RSES Attn: Awards Coordinator 1911 Rohlwing Road, Suite A Rolling Meadows, IL 60008-1397 Fax: 847/297-566 E-mail: conference@rses.org
“Making Life Worthwhile”
Region 9 – Midwest Association
Sandy Ralston from Region 9 accepts the award presented by Gail Paschal, RSESA International President

2014 UMRA Conference of RSES
Twin Cities, MN / Hosted by the Twin Cities Chapter held their conference on March 27, 28, & 29, 2014

Be sure to contact your local chapter for upcoming seminars and regional conferences.

SERA Conference 2014
February 21st, 2014 - February 22nd, 2014
DoubleTree by Hilton Hotel
1850 Old Fort Pky
Murfreesboro, Tennessee 37129
615-895-5555

Event Details:
The annual SERA conference will be held in historic Murfreesboro, TN with several leaders from RSES on hand to present educational sessions.
Congratulations to the recipients of the 2013 RSES International Annual Conference Awards Ceremony held in Pittsburg, Pennsylvania.

“Member of the Year” was awarded to RSES Member Stan Hollinger.
DALLAS CHAPTER
CONTRIBUTOR AND SUPPORTER OF THE
“SIGHT GLASS”

CONTACT: HARRISON TRAVIS III, CM
hot3rdcm@hotmail.com

Sight Seeing Trips
A trip to Frank Lloyd Wright’s Falling water in the scenic Laurel Highlands of Ligonier, PA was scheduled for Tuesday. If you were unable to go with the group tour take time to seek out the following link, http://www.fallingwater.org/, the pictures are amazing. After the tour we went to Brady’s restaurant for lunch and caught up on some personal visiting time with each other.

Wednesday’s tour included Phipps Conservatory and one of the world’s most beautiful Botanical Gardens. From the botanical gardens we went to a Gullifity’s Restaurant, for lunch. Then we were off to visit two adjoining museums, Carnegie Museums of Art and one of the top five ranked museums in the United States of Natural History. http://phipps.conservatory.org/; http://www.carnegiemuseums.org/

The duck boat tour.....
from Station Square lasted about an hour. The duck boats (DUKW) are converted WWII military vehicles. The DUKW was used in amphibious operations throughout the Mediterranean and Pacific, including Operation D-Day in 1944. Once we’re on board, the DUKW transported us throughout downtown Pittsburgh, then over the bridge to the North Shore area, then drive right into the river for a short boat trip back to Station Square. If you’ve never done this before, make sure you do! It’ll be a fun trip. http://www.justduckytours.com/

BFJ; The Duck boat looks nothing like this huge Rubber Duck! The gigantic Duck from Japan was on tour in Norfolk, Virginia. Our Granddaughter, Heather could not resist the opportunity of seeing him Floating in the Hague, in downtown Norfolk. One of her favorite Sesame Characters was Elmo, who sang Rubber ducky.
Another Great Job from Headquarters Staff at the Pittsburg 2013 Conference. We look forward to seeing everyone October 15-18, 2014 at the upcoming conference at Long Beach, CA.

Proud to be members of RSES and the Auxiliary in Region 10. We are proud to help sponsor The Sight Glass.
Scalloped Corn

2 cans regular corn
2 cans cream corn
2 stacks ritz crackers - crushed
1 can sweetened condensed milk
4 eggs
Crushed red pepper to taste

Mix all ingredients together, pour into a greased 13 x 9 inch pan.
Put some butter pats on top & sprinkle on paprika.

Shrimp Butter 8oz softened cream cheese

1 Tbl mayonnaise
1/2 cup margarine
1 tsp lemon juice
Onion & garlic salt to taste, not to much!
1 med onion - grated
1 can gulf shrimp - flaked

Mix all ingredients really well, chill several hours or overnight.
Serve with crackers

Recipes submitted by Lynn Hoke
Recipe, From the 1991 R.S.E.S.A. Cookbook,

……submitted by Past International President Barbara Langley, of the Cowtown Chapter. It’s located on page 99, for those who have this cookbook.

**Apple Walnut Raisin Bran Muffins**

1 ½ cups all-purpose flour
¼ cup sugar (Barbara uses ½ cup)
1 tablespoon baking powder
½ teaspoon salt
½ teaspoon cinnamon
¼ teaspoon nutmeg
¼ teaspoon allspice (optional)
1 ½ cups Raisin Bran

½ cup walnuts, coarsely chopped
2 eggs
1 cup milk
¼ cup (1/2 stick) butter or margarine, melted
1 medium apple, peeled & chopped (1 cup)

Mix flour, sugar, baking powder, salt, and spices. Stir in cereal and walnuts. Beat eggs, milk, and butter; stir in apple. Add to flour mixture and mix just enough to moisten flour. Fill greased muffin pans ¾ full. Sprinkle with crushed cereal, if desired.

Bake at 425 degrees for 20 minutes, or until brown.
Makes 12 large muffins.

*Ray Clary, CMS*
controlsdoc@juno.com

**IN MEMORY**

Our Condolences go to the family of ……..

Francis Nix-Morris, March 19th 2014 from a long term illness. Francis served in many capacities including as one of our Past RSESA Auxiliary Presidents. Francis was a long time member of the Oklahoma City and the Midwest association of the Refrigeration Service Engineers Society Auxiliary. We will remember her excitement when she introduced the Red Hats to her RSESA International Officers and Directors with Boas!
The general business meeting was called to order by RSESA International President Gail Paschal. Sargent At Arms, Karla Miller led us in the RSESA prayer. The Canadian and American national anthems were presented by Shelva Hauer. The conference chairlady, Anita Marchese welcomed everyone to Pittsburgh and gave a progress report on activities. President Paschal welcomed the Board of Directors and Guests. Sgt At Arms Miller proceeded with the roll call of officers and directors. President Paschal announced that Keith Ziegelbein would serve as Parliamentarian. Secretary Frase read the minutes from the 2012 general business meeting. Treasurer Ziegelbein presented the Treasurer’s report. Secretary Frase presented the Auditor’s report. President Paschal welcomed 1st time attendees, and recognized Past Presidents. She also welcomed all chapter members, delegates and members at large. She announced that her committees this year have been: Nominating, Pat McCarthy and Gail Paschal: Auditing, Barbara Frase: Credentials, Darlene Baker: Resolution/Bylaws, Susan Eckstein. The Sight Glass report was presented by Vice-President, Ray Clary for Karen Krepcik. Vice-President reported that Region 9, Mid-West Association RSESA received the To Make Life Worthwhile Award for their contributions to Harbor House for abused women. We recognized members for service anniversaries. 25 year members were, Anna Clark of Greater Kansas City, Becky Sharp Wisenbaker of Red Stick, and Delores Hensley a Member At Large. Delores actually has 35 years. Due to some type of confusion, she was not recognized at 25 years. This is being corrected at this meeting. Ellen Stephens of Austin has 50 years of service. We took a moment to remember those who have passed away this year and those who could not attend due to sickness. Unfinished Business: We discussed the computer committee’s progress. Tabled until a later meeting.

Mid Southeast Regional Association

Consisting of Participating Chapters from North Carolina * South Carolina * Virginia

Cordially invites you to participate in our Educational Conference held annually on a rotating basis throughout the three states of the Mid-Southeast Region.

FOR INFORMATION ON TRAINING PROGRAMS CONTACT:
REGION 4 DIRECTOR--SKIP KREPCIK, CMS at Krepcik@cox.net
NORTH CAROLINA--TOMMY PASCHAL at paschaltw@hotmail.com
SOUTH CAROLINA--ROBERT FOUST, CMS at robert.foust@navy.mil
VIRGINIA--RAY CLARY, CMS at controlsdoc@juno.com

We look forward to seeing everyone At the 2014 International Conference at Long Beach, CA

For further information or to find a local chapter in your area visit www.rses.org
New Business: Lyn Sherman moved that we donate $100.00 to Shorty Shuck as a memorial to Maxine Shuck to help purchase a bench at Antelope Valley College. The approximate cost of a bench is $1200. Seconded by Denise Ziegelbein. Approved.

We discussed ways to make the Sight Glass more cost efficient. We will start emailing it to those who have email and send printed copy to all without email and to all advertisers. Ray Clary and Denise Ziegelbein have agreed to help Karen to try and make her job a little easier.

The Nominating Committee conducted the election of officers and board members.

The board recommended that we donate $100.00 to the Greater Pittsburgh Chapter to help with their cost.

Lyn Sherman reminded everyone to read their manuals.

Sandy Ralston moved to adjourn, Denise Ziegelbein seconded, we all approved.

As a footnote, I would like to say that I did not take the minutes for this meeting and have compiled these minutes from my agenda notes. Respectfully submitted by,

Gail Paschal, Immediate Past President
SPRING HAS ARRIVED YEAH!!!
It was so exciting to see some of the first flowers in my flower garden.
The first weekend in April, Keith and I hosted our MidWest Region Annual Meeting in Jefferson City, MO. Thursday evening everyone found out how Spring/April Showers in Missouri can act like a monsoon.

On Friday the wind and cold did not stop us from visiting the local County Museum and the MO State Capitol. We stopped long enough to have a great lunch at Madison’s Café.

For dinner Friday night we gathered at http://prisonbrews.com/. It is a great restaurant serving everything from pizza to steak and is located two blocks from where the “Oldest Prison West of the Mississippi” used to be located. The Missouri State Penitentiary was moved outside of town a few years ago; however, several buildings are still standing and during half of the year tour are available. You are able to see where Sonny Liston (a boxer) and men like James Earl Ray once resided. We weren’t able to take the actual tour, but a former prison guard shared with us a slide show and artifacts.

Saturday dawned beautiful and started the day with a visit to our local Pregnancy Help Center for our “Make Life Worthwhile” project. It is a great organization and we were happy to help them out a bit. Then after lunch at Arris Bistro it was time to check out a few more “history” places and a little bit of shopping Downtown, especially since we didn’t mind taking in little of the warm sunshine that had replaced the cool damp air.

After the RSES members had spent two days in classes they were ready to enjoy the evening. We gathered for before dinner drinks, installation, awards and then dinner. Wait – we aren’t done - we have a visitor from the past – 125 years to be exact. President Abraham Lincoln visited with us about the upcoming election – 1864. He also allowed a few photo ops – such as two Presidents’ together, President Lincoln and our esteemed President Joe Marchese.

For those of you that were able to attend, you will appreciate the change in the foliage that occurred in my office parking lot and the rest of the Capitol grounds the week following our meeting. Spring is so full of color.

Everyone that reads this is welcome to visit us in the Jefferson City, MO area. We will be happy to share these sights and more with you. Maybe we will even get to visit Das Stein Haus and enjoy an authentic German meal.

Denise Ziegelbein, Int’l RSESA Treasurer