RSESA Officers and Board of Directors for 2015-2016

*Back Row:* Sandy Ralston, Past President; Terry Hollander, Chapter Supplies; Grace Wellander, Credentials; Karla Miller, Membership; and Brenda Decker, Publicity/Sight Glass Editor.

*Front Row:* Linda Jackson, Sergeant at Arms; Pat McCarthy, Treasurer; Denise Ziegelbein, President; Jill Malone, Vice-President; Gail Paschal, Secretary; and Lyn Sherman, Historian. Not pictured is Elinor Fink-Clark, Officer’s Supplies.

“Making Life Worthwhile”
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The RSES Board and RSES Auxiliary International Annual Business Meetings will be held in conjunction with the RSES Southwestern Regional Association 67th Pre-Conference Meeting and Trade Show on September 28-October 1, 2016 in Fort Worth, Texas. The RSES Cowtown Chapter will host the event. More details to come.

RSES will not be hosting the 79th Annual RSES Conference and HVACR Technology Expo as previously announced.

The RSES members would like to thank those who have sponsored this edition with their ads. It allows us to share the activities and news of the Regional and International members. We encourage you to send us what’s happening in your chapter or area. Brenda Decker, Publicity

Special Thanks to our Contributors

Cowtown Chapter Region 10
Dallas Chapter Region 10
Empire Keystone Association, Region 2
Garden State Chapter Chapter 2
Greater Pittsburgh Chapter Region 2
Metropolitan New York Chapter Region 2
Mid Southeast Regional Association
Mid-West Auxiliary Region 9
RSES Headquarters
Robert “Bob” Sherman, CM RSES International Past President
The Great Mid-West RSES Region 9
Triad Chapter North Carolina Region 4
Virginia Chapter One Region 4
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2015-16 International RSESA Officers and Board of Directors

Mid Southeast Regional Association

Consisting of Participating Chapters from North Carolina • South Carolina • Virginia

Harlan “Skip” Krepcik, CMS, RCT
International President

FOR INFORMATION ON TRAINING PROGRAMS CONTACT:

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NORTH CAROLINA--TOMMY PASCHAL at paschaltw@hotmail.com
SOUTH CAROLINA--ROBERT FOUST, CMS at robert.foust@us.af.mil

We look forward to seeing everyone
At the 2014 International Conference in

For further information or to find a local chapter in your area visit

www.rses.org
If you would like to serve as an officer of RSES Auxiliary, please contact Denise Ziegelbein, International President at

Denise Ziegelbein
8216 Lohman Rd., Lohman, MO 65053
573-690-0881  keithdenisez@gmail.com

If you want to submit an article for publication or purchase an ad in the “Sight Glass”, my contact information is below. I look forward to hearing from you!

Brenda Decker
511 Wildwood Lane, Rockwall, TX 75087
214-202-6289  brenda_decker@att.net

If you have recently married or moved to a new location, we want to keep your contact information current so you will continue to receive all issues of the “Sight Glass” as well as other important correspondence.

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Let’s stay connected!
Wow – the past three months since my last SIGHT GLASS article have flown by. I am enjoying retirement more than I ever realized I would. As I previously wrote, I started the year out by spending time with my daughter and family in South Dakota. I certainly wish they weren’t so-o-o far away. I love FaceTime with my granddaughter, Elliana and watching her brother Tyrus grow. We are looking forward to their visit in May.

I thought that I would have a chance to get organized at home – WRONG! A few weeks later I joined by parents for a business trip to New Orleans. The goal was to assist them in their activities, whether it was driving or just getting out and about. However, even though I did that, they also had to spend 3 hours with me in the ER. I had fallen, cut up my elbow and bruised various parts of my body. After x-rays and stitches we were thankful that I had no broken bones. Mostly a bruised ego. As Dad finished his meetings, Mom and I went on a City tour and wrapped the week up with a Lonestar/Leann Rimes concert. We were lucky, in the fact that the only day that it rained, was the evening that I fell. The weeks following our trip, New Orleans were slammed with thunderstorms.

March was jam packed with RSES/RSESA activities. MidWest Region held their annual meeting in North Kansas City. The Auxiliary spent Friday exploring the town of Weston, MO. Lunch was at the Upstairs Tea Room and we checked out various shops such as the McCormick Distillery store, several antique shops, a Polish Pottery shop and the Weston Winery. We joined the RSES members for a dinner at the 54th Street Grill & Bar. On Saturday, we had the pleasure of touring three Ronald McDonald Houses located near the Kansas City Children’s Mercy Hospital and UMKC Hospital. We followed that with lunch at the Corner Café, Riverside, MO. We then had Easter Dinner and Supper at our house, leaving two days later for SWRA in Fort Worth, Texas. We weren’t sure until two weeks before whether we would be able to go. Our fourth grandson was due any
Greetings from Fountain Inn, SC.

It’s Spring and usually I’m ecstatic that the season has arrived, but the opposite is true of this year. Allergies are in overdrive for me and the family. I spent a couple of days in the hospital, but I am doing better now and I'm ready to enjoy the season with Mr. Tripp who has had first birthday celebrating with family and friends.

We have great news! The Jackson Family are expecting our second grandchild later this fall.

Early the morning after we left, our grandson, Brooks arrived. He joined his two very proud big brothers, Brice and Brayden. We were able to meet our newest grandchild the day we arrived home.

We enjoyed our trip to Texas and our reconnection to the SWRA members. Keith and I, don’t seem to slow down, but we have blocked out his vacation times for the year. Another trip to South Dakota as well as the next trip to Texas. A few short camping trips in Missouri are also on the docket.

This past weekend we helped host an Annual Fish Fry to raise funds at our local Community Building (an old school house) that needs some repair and updates. We had a great turn out and were glad that this year we had been able to hold the Fish Fry in April instead of August. (Keith especially liked this since the temperature was in the low 80’s instead of 100+.)

As I wrap this up we are getting ready to celebrate youngest granddaughter’s 1st birthday. It is so hard to believe that a year has passed. Lydia’s smile lights up the room and our hearts. She has so much fun with her cousins and we look forward to watching them all interact as they grow.

As continued activities keep all of us all busy, keep in mind how we can each Make Life a little more Worthwhile for someone around us. I look forward to hearing of your activities as you enjoy the next few months, whether you have graduations, weddings, births etc. in your family.

Blessings in all you do!

Denise Ziegelbein
Int’l RSESA President
Thoughts for Lyn Hoke and her family in the death of her sister

To Tommy and Gail Paschal and their family in the passing of her mother on January 21st following a hip fracture.

Things have been a little wild since the last newsletter. Jim & I went to Florida for the AHR Show. Had a great time. We left Fort Worth temperature was 45* and when we arrived in Florida it was 45* and rain. What are the chances?? Had to buy Jim a toboggan and we have a ton of them here at the house. Got home on Wednesday & left Thursday for San Antonio for a trade show. I got to help Jim and it was a lot of fun. Got home on Friday just in time to go to the hospital to register for the left hip replacement on Friday February 5th. Everything is going great with the hip. I’ll be in rehab for the next 6 weeks.

We held the Region 10 Annual Conference here in Cowtown. Lots of work but we all had a real good time. Denise and Keith Ziegellbein, Tommy and Gail Paschal, Roger and Delories Hensley, Fred and Linda Townsend, Ray Clary, and May and John Stewart were able to make it to the Conference.

Well Pat and I have some news for all of you. Cowtown 10200 in Fort Worth, Texas will be hosting the RSES and RSES Auxiliary International Business Meetings in conjunction with the SWRA 67th RSES Pre-Conference Meeting and Trade Show on September 28-October 1, 2016. Make sure you pull those jeans and boots out of the back of the closet. You are coming to Texas and the dress code is jeans or what we call cowboy dress up.

I better get in the kitchen and get some dinner on the table. See all of you real soon.

Jill Malone, International RSESA Vice-President

Jill Malone

“Making Life Worthwhile”
Cowtown 10200
Fort Worth, Texas

Proud to be members of RSES and the Auxiliary in Region 10. We are proud to help sponsor The Sight Glass.

Proud to support the RSES Auxiliary

The real To Do List
- Laugh
- Sing
- Read under a tree
- Count your blessings
- Hope
- Hug your little ones
- Walk barefoot in the grass
- Give thanks
- Love
- Keep on loving
- Take deep breaths
- Jump in
Hello from North Carolina,

I hope you all received many blessings through the Thanksgiving and Christmas seasons. My sisters and I cooked and brought in Thanksgiving dinner to my Mom’s house. We’ve been doing that for several years. A week earlier we celebrated her 91st birthday. Then on Christmas Eve we gathered the family together again. It’s kind of crazy when we all get together, but lots of fun.

On New Year’s Eve Mom fell and fractured her pelvis. She was in the hospital 5 days and is now at home for rest and recovery. The physical therapist said her range of motion in her legs was more than he expected and thinks she will pull through this. She was walking and taking care of her personal needs on her own before the fall. Yesterday she sat up in the wheelchair for a while and ate dinner at the table instead of in bed. We are spending as much time as possible with her and trying to make her comfortable.

We made gingerbread houses with Vegas and Tyler. It took 3 different trips to our kitchen to complete their houses. I should have taken pictures of the kitchen after each visit. I’m still finding sprinkles! Tyler is playing basketball at a local church and Vegas is cheerleading. We’re going to watch them today. I made my first rag quilt for a baby gift this fall. That was the fastest quilt I ever made. I’ve been crocheting a lot, made a baby afghan, some scrubbies, and dishrags. I’m working on a shrug now. The Can’t Hardly Play Boys and I played for the Marines Toys for Tots collection center in December. We had a nice quiet Christmas Day at home. Wendy cooked dinner and Memaw and Gaga played with the grandchildren. I am entertaining for a Valentine’s Day luncheon in February. Gotta get some good old love songs ready for that. They want a sing-a-long. I hope you all have a healthy winter and do something that makes you laugh.

Greetings from California,

I don't know where my times goes. It seems we are always off to somewhere for one of the grandkids events.

Lyndsey is still swimming competitively for the Lake Havasu Stingrays, is excelling in school, on the yearbook staff, Her articles about the Lake Havasu Balloon festival and the Stingray swim team have been published in River Scene magazine. She was selected for the National Junior Honor Society this year. She was in Riverside for spring break to swim with one of the Riverside swim teams for practice while their home pool was closed for “Spring Fling”—the spring break program for the Lake Havasu kids.

Paul is still playing baseball with the travel ball team—the “Scorpions”. Most of their teams tournaments are in Las Vegas, where we have been 3 times since January, but unlike Pat, I haven't seen the slot machines! They just hosted their home tournament and won second place, their best finish so far!

I have been working on updating the RSESA historian notebook. If you have anything to include, please send it to me. Other than the grandkids activities, we old retired folks don't have much time for anything else. I still wonder how we ever had time to work.

I hope this finds all doing well and looking towards the next time we all gather for a Conference.
RSES Meetings in Orlando

January was an exciting time for some. Here in the North East we had another storm. The storm came just in time to delay Mike and I from departing New Jersey to head to Orlando for his meetings. Mike was to attend the E and E meeting, then the AHR expo and after that a Board meeting for the directors of RSES.

We finally departed New Jersey on Tuesday after changing airlines and airports. Mike was able with others to attend some of the expo and all of the Board meeting. He was unable to make the E&E meeting.

Several wives traveled with their husbands and one infant with mom and dad. The weather was ok, some rain. We had time to enjoy one another’s company and even shop. Sandy and I visited the outlets together. I came home with many great bargains.

Another day Sandy, Karla and I went quilt shop hopping. We had three shops we wanted to visit, but we only found two. Again great bargains were found. Quilting is a great relaxation for Sandy and me. We are sharing our love of quilting with Karla. After shopping we found a quaint diner to have lunch and then we headed back to meet the guys for dinner.

Each evening after the meetings ended we gathered together for dinner. Business of the day was put aside and we enjoyed each other’s company. We talked and laughed with one another. Ray kept us smiling.

Our last dinner was a small group, Sandy and Mike, Mike and I and Jerry at an Irish Pub. A good time was had by all. Great friends and great food.

Hello to All!

A lot has happened since my last letter. My Mom passed away on January 21. She tried, but just couldn’t come back after the hip fracture. We are in the process of cleaning out the attic and closets, dividing up STUFF plus the farm, and settling her estate.

Vegas has had 2 soccer games this spring; they won both games. We took Vegas and Tyler to a Lego Showcase at High Point University. They had a ball. Tommy and I were exhausted! We made a trip to Fort Worth, Texas for the SWRA Conference. We always enjoy going there. They offer some great classes for the trade, and it was a great time to catch up with friends. Y’all come on down and join us sometime.

When we moved to our house 23 years ago, Tommy had a shop/garage built. In ground preparation for that, we moved some flowers around and did some grading. We had the grader move an azalea to a vacant spot by the carport. For all these years, it has never bloomed. Every year I prune it back some, talk to it and would laugh and talk about it to my Mom. When she started failing, I started asking her what she wanted me to tell people when she was gone and to send us a message when she got to Heaven. When we returned home from Texas, that azalea was blooming and I immediately said, “Oh Mama, you made it!” Then I had to call my brothers and sisters and tell them that I got a message from Mama. We knew she would make it, but what a wonderful surprise the azalea was, blooming after all these years.

I hope to see you all this fall,

Gail Paschal, International RSESA Secretary
PAULA DEEN’S OATMEAL RAISIN COOKIES

Ingredients:
1 cup pecans, chopped
1 cup raisins
2 sticks butter, room temperature
1 cup packed brown sugar
1/2 cup granulated sugar
1 teaspoon vanilla extract
2 eggs
1 1/2 cups all-purpose flour
1 teaspoon baking soda
1 teaspoon ground cinnamon
1 teaspoon salt
2 cups old-fashion rolled oats, uncooked

Directions:
Preheat the oven to 350 degrees F. Like a baking sheet with parchment paper. Add 1/2 cup water to the pecans and raisins, then microwave for 90 sec. Allow the raisins and pecans to sit on the counter for about 10 minutes. Drain the raisins and pecans and set aside.
In a large bowl, combine the butter and the sugars and beat with an electric mixer until very creamy. Add the vanilla extract and eggs, and beat again until mixed. In a small bowl, sift together the flour, baking soda, cinnamon and salt. Add it to the butter mixture. Add the oats, raisins and pecans. Mix together.
Drop heaping tablespoons of batter onto the prepared baking sheet. Leave plenty of room for the cookies to spread. Bake until the cookies are cooked in the middle,
Hello to all from crazy weather Fort Worth, Texas. We either have nice and sunny or rainy and cool or stormy. Stormy is the scary one. Areas around us have a lot of hail, some as large as baseballs. Can you imagine, hail big enough to come through the roof. Thank goodness nothing like that here (yet). We need rain but most of the time we need rain so that is not new. Of course it is spring in Texas and really all the above is normal.

First I wish to remind all of you, that your 2016 dues are now due. So many of you have not paid your dues for this year. As always the dues are $10.00 for the year and if you wish you may pay two or three years at a time. I really need for you to mail your dues to me just as soon as you can. Would really help me stay up-to-date on all records. I'll explain why I need for you to mail them ASAP a little later in this article.

The Cowtown Chapter just finished hosting the annual SWRA conference. A lot of work but was a lot of fun. I wish to personally thank Gayle and Tommy Paschal for all the time you babysat the downstairs hospitality room during the day. This allowed me to rest some each day so when the wild bunch was in the hospitality room upstairs I could at least be social. Mac and I do enjoy doing what we do, but it is a lot of work. As always, thank you Ray Clary for your help loading up all the supplies for the conference. Enjoyed the days you spent with us but sorry we didn't get to go to Winstar this year. just not enough time. I think everyone had a lot of fun. Thank you Roger and Delories Hensley for all your help. Delories thanks again for your help with registration. Understand John Stewart helped at the registration desk also. Just want to thank all of you that were able to attend and for all the help. I finally have all the monies balanced and ready to go into the bank. It is so much fun when you walk around and people keep handing you money. Love it!!!!

The RSES Board and RSES Auxiliary International Annual Business Meetings will be held in conjunction with the RSES Southwestern Regional Association 67th Pre-Conference Meeting and Trade Show on September 28-October 1, 2016 in Fort Worth, Texas. The RSES Cowtown Chapter will host the event. More details to come. Oh yes still need your dues just ASAP.
Hi Everyone,

We are into our 2nd year in our new home and still enjoying the changing of the seasons. I especially like watching all the trees turn green again! Can’t wait for it to get warm enough to sit on the deck to watch and listen to the birds.

We spent a few days in January visiting my brother and his wife in Florida. Spent one day at the Magic Kingdom, saw 4 parades including the electric light parade after dark and then the fireworks. It was great. Mike and I visited Lakeridge Winery & Vineyard in Clermont, FL. It was a big vineyard and some pretty good wine! Then on to the directors meeting in Orlando. I got to spend some time with Irene Thompson and Karla Miller. And, I know you will find this hard to believe, but we went to 2 quilt shops (Irene is also a quilter) and had lunch at a cute diner we found along the way. We had a great time.

Happy Spring & Summer

Sandy Ralston
International RSESA Immediate Past President

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**Highlights from the RSES SWRA Conference**
Hosted by the Cowtown Chapter in March 2016

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New officers for the 2016-17 RSESA SWRA were installed by Int’l RSESA President Denise Ziegelbein

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President Jill Malone received awards Presented by Wade Clark for Outstanding leadership and commitment to the RSESA SWRA.

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Friday evening buffet Door prizes —always a favorite
Spring is here in Western PA. The spring flowers are showing off their colors. However, the weather is not cooperating. Today April 7th we have an inch of snow. Our daffodils are hearty and return to their glory after a blanket of snow covered them.

Last weekend Art and I went to NYC. We met with Joe and Anita Machese, Stan and Terri Hollander and Tom Schaffer. The men did several training seminars on Friday and Sat. The ladies took NYC by storm. It was a wonderful weekend and NYC was busting with flowers and wonderful places to visit.

Stan and Terri's daughter, Dawn, joined us as we visited St. Patrick's Cathedral. We ended our shopping trip with lunch at the Plaza.

Looking forward to seeing everyone September.

Karla Miller, International RSESA Membership

Make a note of a new address for:
Paul & Dee Rice
32 Candy Tuft Lane
Weaverville, NC 28787
Spring is my favorite time of the year! I love the bright, sunny days, the blue skies, green plush grass, and all the colorful flowers blooming. My favorite flower is the tulip. This year my husband took me camping and surprised me by taking me to the “Texas Blooms”—a new venue in Pilot Point about an hour from our house. There are rows and rows of tulips—all colors and all Texas grown tulips. For a charge you can pick all you want!! Needless to say, I went crazy!! The picture does not do it justice.

Mike and I have gone camping a few times this spring. This view was at Ray Roberts State Park. Every evening we would enjoy a spectacular sunset.

We are also enjoying our new 5th wheel RV and new diesel truck. It is so roomy and just like having all the amenities of home. Since I am scared to death of bugs, it’s the only way I can enjoy being outdoors!

We had a wonderful RSES SWRA Conference in Fort Worth a few weeks ago. I will share some pictures throughout the “Sight Glass”. It was so good to see our friends Keith & Denise Ziegelbein, Tommy & Gail Paschal, John & May Stewart, Ralph & Delories Hensley, Ray Clary and Fred & Linda Townsend as guests.

Brenda Decker
Int’l RSESA Publicity/Sight Glass Editor