RSESA Officers and Board of Directors for 2015-2016

Back Row: Sandy Ralston, Past President; Terry Hollander, Chapter Supplies; Grace Wellander, Credentials; Karla Miller, Membership; and Brenda Decker, Publicity/Sight Glass Editor.

Front Row: Linda Jackson, Sergeant at Arms; Pat McCarthy, Treasurer; Denise Ziegelbein, President; Jill Malone, Vice-President; Gail Paschal, Secretary; and Lyn Sherman, Historian. Not pictured is Elinor Fink-Clark, Officer’s Supplies.

“Making Life Worthwhile”
2015-16 International RSESA Officers and Board of Directors

PRESIDENT
Denise Ziegelbein
8216 Lohman Rd.
Lohman, MO 65053
573-690-0881 C

HISTORIAN
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913-722-1328 H

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MEMBERSHIP
Karla Miller
456 Willowbrook Rd.
Apollo, PA 15613
412-600-3810 C
724-727-3107 H

“Making Life Worthwhile”

UPCOMING EVENTS

2016 AHR EXPO ORLANDO
Location: Orange County Convention Center
9899 International Drive, Orlando, FL 32819

Meet thousands of exhibitors from every segment of the industry. Come and visit us at booth 3807 at the AHR Expo, the world’s largest HVACR marketplace! For more information, please visit www.ahrexpo.com.

CARSES Spring Conference—March 19, 2016
El Camino College, 16007 Crenshaw Blvd., Torrence, CA 90506
310-600-8800

The Long Beach chapter of RSES, CARSES, Raypak, and the El Camio College HVACR program are proud to present the 2016 CARSES Spring Conference and Technology Expo! This event will focus on low mass hydronic heating systems and hydronic piping design. Learn how to service, maintain, and install this type of boiler system. A certificate for 9 CEH’s will be given at completion of the course! You can also sign up for a NATE, CM, or CMS exam. Exams will be given on Friday, March 18th at 6 p.m.

Mid West RSES Annual Conference March 11-12, 2016
Chase Suite Hotel, 9900 NW Prairie View Rd.
Kansas City, MO (located in the area near the airport)
Contact Denise Ziegelbein at keithdenisez@gmail.com or Sandy Ralston at sandy.qlt4fun@gmail.com for more information.
(Board of Directors will meet Thursday evening, March 10)

Region 10—RSES Southwestern Regional Association Conference
March 31—April 2, 2016
Fort Worth, Texas
Radisson Hotel in Fossil Creek
For information, contact Jill Malone or Pat McCarthy
If you would like to serve as an officer of RSES Auxiliary, please contact Denise Ziegelbein, International President at

Denise Ziegelbein  
8216 Lohman Rd., Lohman, MO 65053  
573-690-0881 keithdenisez@gmail.com

If you want to submit an article for publication or purchase an ad in the “Sight Glass”, my contact information is below. I look forward to hearing from you!

Brenda Decker  
511 Wildwood Lane, Rockwall, TX 75087  
214-202-6289 brenda_decker@att.net

If you have recently married or moved to a new location, we want to keep your contact information current so you will continue to receive all issues of the “Sight Glass” as well as other important correspondence.

Karla Miller, Membership  
456 Willowbrook Rd., Apollo, PA 15613  
412-600-3810 C 724-727-3107 H ohopy@hotmail.com

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We’d Love to Hear from You!
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REFRIGERATION SERVICE ENGINEERS SOCIETY

CONTACT: HARRISON TRAVIS III, CM
hot3rdem@hotmail.com

DALLAS CHAPTER
CONTRIBUTOR AND SUPPORTER OF THE
“SIGHT GLASS”
Happy New Year,

I hope everyone had a blessed Holiday. We in Fountain Inn, South Carolina had a great time spending the holiday with family and friends.

Our son who is stationed in Fort Stuart, GA came home and our daughter and son in law also bought the grandson up from Columbia, SC for his first Christmas. We also spent time with my parents. Meet our little Carolina Panthers.

Linda Jackson, Sgt.-At-Arms

The RSESA members would like to thank those who have sponsored this edition with their ads. It allows us to share the activities and news of the Regional and International members. We encourage you to send us what’s happening in your chapter or area. Brenda Decker, Publicity/

Special Thanks to our Contributors

Cowtown Chapter Region 10
Dallas Chapter Region 10
Greater Pittsburgh Chapter Region 2
Metropolitan New York Chapter Region 2
Mid Southeast Regional Association
Mid-West Auxiliary Region 9
RSES Headquarters
Robert “Bob” Sherman, CM RSES International Past President
The Great Mid-West RSES Region 9
Triad Chapter North Carolina Region 4
Virginia Chapter One Region 4

To place an ad, please contact Sight Glass Editor, Brenda Decker, at brenda_decker@att.net or call 214-202-6289.

“Making Life Worthwhile”
The best RSES Staff!! Great educational & training opportunities, sharing of industry practices and ideas, and reuniting with friends—what more could one ask for?

As editor of the Sight Glass, I spoke with Elinor on the phone. She is the 2015-16 officer in charge of officer’s supplies. She and John are an amazing couple and such a delight to talk with! John has recently had bladder cancer. Doctors believe they have removed all the cancer, but he is undergoing chemotherapy so they staying near their home. They have been very gracious to share some photos and Elinor are long-time members of RSES and RSESA.

Where’s the runway and the other models? Just another day in the life of Stan Holland-er hanging out with the ladies on their tour in Chicago. Somebody’s got to do it!

2012 RSESA Mid-West Assn.

Back Row: Lynn Hoke, Denise Ziegelbein, Barbara Fraze, Delores Hensley, Judy Thom, and Elinor Fink-Clark
Front Row: Sylvia Struher, Diane Smith, Pat McCarthy, Ceel Hudelson, and Sandy Ralston
Hi everyone:

Lot of stuff has been going on since I saw you last. In October I had my right hip replaced. All went very well. I was back to work in 3 weeks. I had 6 weeks of rehab. Boy was I glad to get that behind me. Thanksgiving Jim and I had all the kids and grandkids over for dinner. We did all the cooking. We were ready for them all to go home. Sent then home with a ton of food and we still had a lot of leftovers.

With Christmas around the corner I got with it and as always spent too much. We had all the kids out on Christmas day, no sit down dinner just a buffet and let everyone come and go and graze as they wanted. But no one wanted to go home so we set up tables and played games.

New Year Jim and I did an early dinner came home and locked the gate. We did not even make it to Midnight. (Could this mean we are getting old?)

Now we are getting ready for the 2016 AHR Expo in Orlando, FL. We will be leaving on a Saturday coming home late on Wednesday get up early on Thursday leave for San Antonio to do a Trade Show. When we get home I will get ready to have the left hip replaced on February 5th. As soon as my head is clear I will finish working on the Region 10 Conference. Our conference will be March 31st to April 2nd. I will be sending all of you a packet in hopes you will be able to come. Hope to see all of you in Cowtown.

Jill Malone, RSESA Vice-President

“Making Life Worthwhile”

International President for 2014-15 Sandy Ralston passes the gavel to the new International President for 2015-16 Denise Ziegelbein during the Installation Luncheon in Chicago.
Thoughts for Lyn Hoke and her family in the death of her sister

Following the death of Mr. Larry A. Lampariello, CM from Delray Beach, Florida, Garden State Chapter
Happy New Year!

The Christmas Holidays & New Years festivities are over, but our travels & fun continue with Lyndsey's home swim meet last weekend where she won 3rd place overall. This weekend it's Las Vegas & Paul's travel baseball team tournament. The Scorpions didn't win but played well. Paul pitched both days with giving up 1 run on a missed play. Pretty good for a 7 year old, we keep telling him he will improve if he keeps practicing and working hard. He & Lyndsey continued to maintain their honor roll status. Papa & Grandma a very proud of them.

We enjoyed the annual conference in Chicago. It was great to visit with nice weather. We always enjoy seeing everybody again and catching up on their news. We spent a few days in Nashville visiting Cee in and of course Arnold's for lunch, Frugal McDougel's for the spirits specials, Tootsie's Orchid Lounge for Happy Hour & Music. We also drove out to Lynchburg to browse thru the shops while Bob was over at Jack Daniel's White Rabbit Saloon picking out Collectors bottles. Thanks for the hospitality RSES & Cee.

Since we haven't been to the Gulf Coast in a couple of years we came home along the coast. A stop in Gulfport, MS at the Shedd BBQ for lunch was quite an experience—a very eclectic place with good food and the blues. From there we cruised along the coast with "Cruising the Gulf Coast Car Show" Somehow I don't think my Lincoln with the Mobility Scooter on the back was in the running for best of show. My biggest surprise was St. Michael's Church which was pretty much destroyed by Katrina in 2005 has been rebuilt so it looks like it did when we were there years ago for the RSES conferences. They have built quite a few houses along the beach areas and there are new places to eat. It is so nice to see they are coming back. Then it was on to New Orleans for a few days of hitting favorite places like Pat O'Brien’s for an authentic hurricane, then French Market for lunch, Jackson Square to people watch, Bourbon Street just because it is always interesting. Then on further west to Cajun Country for tasso ham for home and crawfish etouffe and boudin sausage for lunch in Breaux Bridge. Then on home to Lake Havasu.

Since then it has been holidays and grandkids sports.

Bob and I hope you all had wonderful Christmas with your families and wish you the best of New Years.

Hi all! Hope everyone had a wonderful Christmas. This is Holiday recipe that can be enjoyed year round. Happy New Year to all,

Terry Hollander

PIZZA RUSTICA
Old Fashioned Recipe

1 lb. Ricotta
2 Raw eggs
2 Hard Boiled Eggs – diced
½ lb. Sausage meat - browned
½ lb. Pepperoni – cut up
2 oz. Ham – cut up
½ lb. Prosciutto – cut up
1 Small Polly-O Mozzarella – diced
1 tblsp Grated Cheese
1 pkg Pillsbury Dough

Preheat Oven to 400 degrees F
Combine Ricotta and Grated Cheese. Add 2 eggs (1 at a time), beating after each with a wooden spoon. Add cooked sausage, prosciutto, ham, mozzarella, pepperoni, hard boiled egg and mix well.
Place dough in a small glass pan. Pinch dough w/ fork. Sprinkle with a little flour. Pour above mixture into dough, and cover w/ second piece of dough, cutting off excess. Cut slits in top dough to allow steam to escape. Sprinkle top w/ some water before placing in oven.
**DeVee’s Keebler Cookies**

- whole Club crackers
- 1 cup graham crackers, crushed
- ¼ cup brown sugar
- 1/3 cup milk
- ½ cup sugar
- ½ cup margarine
- 2/3 cup chunky peanut butter
- ¾ cup brown sugar
- 1 cup chocolate chips

Grease 9 x 13 inch pan with margarine, layer with whole Club crackers. In another pan, mix graham crackers, brown sugar, milk, sugar, and margarine. Boil mixture 5 minutes, and pour over crackers. Add another layer of crackers. Melt together peanut butter & chocolate chips. Then our over crackers and chill. Cut into bars. Yummy!!!!!

(Page 121) DeVee Warner, 1990 RSESA Int’l President

**Corn Meal Dumplings**

- 1 cup corn meal
- 3 tablespoons shortening or Mazola oil
- 1 cup sifted flour
- 3 cups milk
- 3 teaspoon baking flour
- 1 beaten egg
- ½ teaspoon salt

Sift together dry ingredients into bowl. Cut in shortening until mixture resembles coarse crumbs or add oil to milk and egg; mix lightly. Drop dumplings from tablespoon onto hot stew chili. Cover & cook 12 to 15 minutes without lifting cover. Serve immediately.

(Page 92)Tugar Boudreaux, Red Stick Chapter

**Beer Muffins**

- 4 cups Bisquick or Variety baking mix
- 2 Tablespoons sugar
- 1 cup beer

Mix and beat vigorously until well blended. Bake at 400 * for 15 minutes in greased muffin pan.

(Page 92) Leasa Travis, Big “D” Chapter

During this past RSES 78th conference many of our ladies and some men attended the tours set up by Sandy and Lynn.

Tuesday we set out for Long Grove the state’s first historic district, a very charming and quaint village. We had high tea in a tea parlor where we enjoyed small sandwiches, soup, tea and petite desserts. After lunch we explored the town and its small shops. We enjoyed our day shopping and finding great trinkets to bring home. During our travels we found time to stop at the Chocolate Factory for a tour and shopping for delicious chocolates. There of course were free samples that we all enjoyed.

Thursday we set out on our tour bus to visit the MI Hummel Museum. We enjoyed viewing more than 1,000 figurines. After visiting the museum we headed for lunch where we enjoyed "Chicago-style" pizza. May I say, this was great pizza! A great time was had by all.

Irene Thompson, Secret Pal

Recipes were sent in by Ray Clary, Region 4.
Recipes were copied from the RSESA 1991 Cookbook.
RSESA Business Meeting Minutes, continued  
Rosemont, IL Friday, October 2, 2015

We have service recognitions that will be recognized at the installation luncheon. We had a moment of silence to remember those we have lost this year.

New Business:

We made eleven blankets for the Ronald McDonald House in Winfield, Illinois.

The Nominating Committee presented this slate of officers for the upcoming year of 2015-16:

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<thead>
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<th>Position</th>
<th>Name</th>
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<tr>
<td>President</td>
<td>Denise Ziegelbein</td>
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<td>Vice President</td>
<td>Jill Malone</td>
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<td>Secretary</td>
<td>Gail Paschal</td>
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<td>Treasurer</td>
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<td>Historian</td>
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<td>Membership</td>
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<td>Credentials</td>
<td>Grace Wellander</td>
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<td>Chapter Supplies</td>
<td>Terry Hollander</td>
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<td>Officers Activities</td>
<td>Elinor-Finke Clark</td>
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Barbara Frase nominated Lyn Sherman for Historian, Karen Krepcik seconded. Motion carried.

Pat McCarthy moved to accept the slate of officers including the nomination from the floor. Jill Malone seconded. Motion carried.

SWRA will have their March 31 to April 2, 2016 in Fort Worth, TX.

A list was made of officers needing manuals.

Denise Ziegelbein moved to adjourn. Jill Malone seconded. Motion carried. We adjourned at 10:40 am.

Greetings in the New Year!!

2016 is starting out with a BANG for me. As of January 1, 2016, I am officially retired from the Missouri State Archives. After 23 plus years at the Archives and a total of 26 years working for the State of Missouri, I hung up that Hat.

Now I can put on my full-time “Nana Hat” for my grandchildren, one of which we welcomed on January 1st. He is my third grandson, and followed his cousin Lydia who was born in April 2015. Tyrus and his older sister, Elliana live in Rapid City, SD which is 864 miles from my home. I was blessed to be able to spend two weeks assisting my daughter and family. We are expecting our fourth grandson to arrive this spring. He will be joining two older brothers (Brice and Brayden) who live in our area.

Barbara Frase nominated Lyn Sherman for Historian, Karen Krepcik seconded. Motion carried.

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Denise Ziegelbein, 2015-2016 RSESA Int’l President
The meeting was called to order at 9:40 am by President Sandy Ralston. The RSESA Prayer and the Pledge of Allegiance was led by Sgt at Arms Jill Malone.

The National Anthem was led by Secretary Gail Paschal.

Mike Ralston, Liaison to RSES, reported that they did not have a quorum to vote on new officers. The current officers will stay in place for another year. A conference date was not set for next year due to some financial issues needing to be resolved. They are looking at outsourcing some services. A survey to members on some issues facing the organization will be sent out soon.

President Ralston welcomed everyone, recognizing one new member, one first-time attendee, and six Past Presidents.

Sgt at Arms Jill Malone called the roll. Bonnie Johnson and Shelva Hauer were absent. All others were present.

No Parliamentarian was appointed for this meeting.

Minutes for the 2014 business meeting were presented. Denise Ziegelbein moved to accept. Barbara Frase seconded. Motion carried.

Treasurer Denise Ziegelbein presented the Treasurer’s report, which was followed by the Auditor’s report. Barbara Frase moved to accept. Karla Miller seconded. Motion carried.

Credentials reported that we have 18 proxy votes and 1 member at large votes.

Awards Committee reported we have one recipient for the “To Make Life Worthwhile” award.

Karen Krepcik presented the Sight Glass Report.
OMG I cannot believe it is the second week of 2016. It is amazing how fast time seems to go by as I get older. Mac and I did manage to stay up and see the New Year come in but I was in bed by 12:15 AM. So much for us as "party animals". I hope all of you are in good health (well at least reasonable) and had a nice holiday. Ours was quiet until the day after Christmas when the weather turned bad and we had really scary weather hit our part of Texas. It was 80 degrees on Christmas day and any time you have warm weather like that in the winter, something is going to happen. We did not have tornados in the Fort Worth area but the Dallas area was hit hard. We did have hail which I don't ever remember hail in Dec. I feel sure you have seen the coverage of the destruction. I was relieved when I was able to determine that as far as I can find out, none of our members in the area had damage to their home or their business. So many lost their homes and just everything. So sad?

Now since the new year is here, it is time to remind all that it is time to renew your dues. Dues are still $10.00 for the year and you can just mail the dues to me at my address listed in this issue of the Sight Glass. Of course, if you wish you may pay up to three years at a time. A lot of you pay two or three years at a time and that is fine with me.

Speaking of the Sight Glass, I guess you will notice that we have a new editor. I have been working with her the last few weeks, and she is going to be tough. By that I mean she is not going to let the Officers and Directors lag behind on their articles. She is really going to try and get the issues out on time and all three issues out this year. In fact she called me yesterday and said "Pat where is your article" Hmmmnnn! Guess I better practice what I preach.

I also want to remind all that the Southwestern Regional Assoc. conference for 2016 is to be held here in Fort Worth March 31, April 1st and 2nd. All of you are welcome. The Cowtown Chapter is working hard on educational classes and of course planning on a great trade show and a hospitality room for all to enjoy. Jill Malone and I are baking cookies and breads and planning on goodies all day and in the evening. Mac, Bob Sherman and Ray Clary will open their part of the hospitality room (drinks etc.) in the evening. If you need info, contact me or Jill and we will get you a packet in the mail. Our addresses and phone numbers are listed in the front of the Sight Glass. Come and visit us if you can. We always have a good time and enjoy doing the conference (well most of the time). To sum up my article I simply say "have a great new year, pay your dues, come and see us in Fort Worth at the SWRA conference. Until next issue...

Pat McCarthy, International RSESA Treasurer

Greetings From Huntington Beach California

Well another year has gone by—how time flies. Hope that everyone had a wonderful safe and healthy holiday with family and friends.

Thanks to El Nino we have finally got some measureable rainfall and snow in our mountains. It is so nice to see rain that we haven’t seen in quite a while. We needed it for our lakes; they were turning into little ponds.

I am sure glad that 2015 is over and done with hoping that 2016 will be a better year for me. Before our Convention I had knee surgery and really didn’t get better. Since we met last year, I have been in and out of the hospital. I had a TIA (stroke)—my 2nd one. A month later I was back in the hospital with a life-threatening infection (Sepsis) which it shuts down your organs. The doctors told me that if I had waited another few hours to come into the ER, I would have died. It was very close to entering into my brain; if that had happened, I would not be here. It was a very close call. Well that is about all that is happening here.

Looking forward for a better new year.

Grace Wellander
RSESA International Credentials Director
Happy New Year everyone. First, I want to thank the RSES staff and all the volunteers who made the 2015 conference possible. A special thank you to Lynn & Rich Hoke for all they did for the spouse tours, auxiliary programs and contacting Ronald McDonald House for our To Make Life Worthwhile project. They not only contacted them, but also, got their wish list and delivered all donated items (including the throws we made).

And a big thank you to Brenda Decker for volunteering (yes, she really did volunteer) to be the editor of the Sight Glass. If there is a position on the board that you would be interested in or would just like more information, please contact me, president Denise Ziegelbein or vice president Jill Malone.

Well, we have been in our new home for a year now and are really enjoying it. Maybe I should say I am enjoying it, as Mike is still working on the old house so it can be sold and doesn’t get to spend much off time here. We have done a lot more entertaining since we moved here. Several small family dinners for birthdays, a larger family group for Easter, and my brother and sister-in-law from Florida spent a few days with us last summer. Looking forward to many years of enjoyment here.

Wishing all a healthy and prosperous new year,

Sandy Ralston, Immediate Past President

During the RSES International Conference in Chicago, the RSES Auxiliary made throws for the Ronald McDonald House as our “To Make Life Worthwhile” 2015 Project. The ladies had a wonderful time working together on this project for the children. A BIG thank you to Lynn & Rich Hoke for coordinating this effort and delivering the throws to the Ronald McDonald House in Chicago.
Hello to all:

The holidays are behind. Today Jan. 4th we had our first salt trucks out on the roads. Winter becomes harder in Pittsburgh each year or so it seems to us.

Art and I will be making an escape from Pittsburgh winter toward the end of the month. We will be snow birds and fly to Florida for 10 days. Tampa for a few days on the beach before going to Orlando for the AHR Show and some RSES meetings Art has. Looking forward to sunshine and lazy days on the beach and around a pool.

I was thinking back to the nice time we had in Chicago. The ladies tea was fabulous. Good time had by all especially Stan joining the ladies for the hat photo.

Always so much fun. Thanks to all for all the work and super planning for the ladies.

My mother passed away in Aug. She was an amazing lady. She is now restored as she was meant to be. Thank you all for the cards and notes of support.

My dad's 100 plus year old barn was torn down in Nov. There was never a foundation under it. But it stood proudly for many years and sheltered many farm animals. My cousins and I spent many wonderful days playing in the barn. We were sorry to see it go but it became unsafe. Art fell through the floor boards too many times.

One last thing. We updated the RSESA mailing/email list this past year and if there are additions or corrections, please address them to me.

We wish one and all a Happy New Year.

Karla Miller, Membership

Lillian Brooks has a new address.
11 Palm #201, Yukon, OK 73099
She moved from independent living into assisted living.
Happy New Year to all! I am the new Sight Glass Editor and I look forward to this coming year. I have been reminded in a sobering way how precious life is and how soon everything we work and strive to attain can be gone in a flash! We live two miles from the total devastation of 600 homes due to an EF-4 tornado near Dallas, Texas the day after Christmas. We have been involved in helping our neighbors who lost so much! Only 12 people were killed which is so surprising when you see all the destruction!

For Thanksgiving we celebrated the Sunday before with the family members here in Texas and then flew to San Diego with our daughter to surprise our son as he came back from an 8-month deployment on the USS Theodore Roosevelt. He was truly surprised! Our son turned 40 years old a few weeks before our visit. He has two boys, ages 8 and 7, so we got to spend time with our two grandchildren as well.

We went to my in-laws for Christmas lunch near our home and then my brother and sister came to my house later that day. We are fortunate to have most of our family living close by. On New Year’s Eve we were very surprised when our son and his family from San Diego came to visit for a few days.

Now my life is getting back to normal. I am a real estate broker and have my own business. I also design websites for individuals and businesses. I am currently serving as secretary of the Rockwall Area Retired Teacher’s Association, Media Coordinator for my small group at church, and a member of the Publicity Committee for Friends of the Rockwall County Library.

Wishing you all a blessed new year!

Brenda Decker, Publicity/Sight Glass Editor