“Make Life Worthwhile”
Special Thanks to Our Contributors

We thank those who have helped sponsor this edition with their ads. We are able to share the activities and news of the Regional and International Members do to your support. Terry Hollander, Publicity Director

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To place an ad please contact;
Terry Hollander, Publicity Director,
1837 61st Street Brooklyn, NY 11204

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RSESA Officers for 2014-2015

**PRESIDENT**
Sandy Ralston  
1912 N 500 Road  
Baldwin City,  
KS 66006  
913-634-5988 (C)

**PAST PRESIDENT**
Barbara Frase  
724 N Oleander Ave  
Daytona Beach.  
FL 32118  
407-878-4546

**VICE PRESIDENT**
Denise Ziegelbein  
8216 Lohman RD  
Lohman, MO 65053  
573-690-0881 (C)

**PUBLICITY:**
Terry Hollander  
1837 61st Street  
Brooklyn, NY 11204  
573-782-6675 (H)

**SECRETARY:**
Gail Paschal  
5412 Milford RD  
Greensboro,  
NC 27405  
386-212-9442

**SECRETARY:**
Grace Wellander  
6101 Summerdale Drive  
Huntington Beach, CA  
92647  
714-642-6943

**TREASURER:**
Patricia McCarthy  
7500 Terry Court  
N Richland Hills  
TX 76180  
817-281-5292 (H)

**TREASURER:**
Patricia McCarthy  
7500 Terry Court  
N Richland Hills  
TX 76180  
817-281-5292 (H)

**PUBLICITY:**
Terry Hollander  
1837 61st Street  
Brooklyn, NY 11204  
573-782-6675 (H)

**MEMBERSHIP:**
Karla Miller  
456 Willowbrook Rd  
Apollo, PA 15613

**MEMBERSHIP:**
Karla Miller  
456 Willowbrook Rd  
Apollo, PA 15613

**HISTORIAN:**
Barbara Frase  
724 N Oleander Ave  
Daytona Beach.  
FL 32118  
407-878-4546

**HISTORIAN:**
Barbara Frase  
724 N Oleander Ave  
Daytona Beach.  
FL 32118  
407-878-4546

**CREDENTIALS:**
Grace Wellander  
6101 Summerdale Drive  
Huntington Beach, CA  
92647  
714-642-6943
Email addresses:

Darlene Baker  
Ray Clary  
Susan Eckstein  
Barbara Frase  
Holly Friedman  
Terry Hollander  
Lynn Hoke  
Bonnie Johnson  
Karen Krepcik  
Shelva Hauer  
Jill Malone  
Pat McCarthy  
Karla Miller  
Gail Paschal  
Sandy Ralston  
Lyn Sherman  
Diane Smith  
Irene Thomson  
Denise Ziegelbein  
bratib@earthlink.net  
controlsdoc@juno.com  
susan.eckstein@spcorp.com  
bjfrase@cfl.rr.com  
holly.haggard@gmail.com  
TerryHol3@aol.com  
LynnKh29@sbcglobal.net  
bonniekjohn@cableone.net  
krepcik@cox.net  
frog.leggs@hotmail.com  
j.m.campbell@sbcglobe.net  
patmacmccarthy@sbcglobal.net  
ohoppyy@hotmail.com  
paschalgs@msn.com  
sandy.qlt4fun@gmail.com  
bohnlyn2@aol.com  
dsmith3446@gmail.com  
ithomp2926@comcast.net  
keithdenisez@gmail.com

OFFICERS ACTIVITIES:
Irene Thompson  
132 First Ave  
Atlantic Highlands, NJ  
07716  
735-499-7075 (H)

SECRET PAL:
Shelva Hauer  
P.O. Box 387  
Salisbury, PA  
15558

CHAPTER SUPPLIES  SIGHT GLASS EDITOR:
Bonnie Johnson  
Karen Krepcik  
3303 S. Birch  
3308 Dominion Ave  
Norfolk, NE 68701  
Norfolk, VA 23518  
402-649-9303  
757-588-1358 (H)  
757-831-1115 (C)
Happy Spring!!!

I’m sure all of you in the upper eastern part of the states are glad that spring has finally arrived. I’m looking forward to watching the trees transform from bare sticks to lush green. As some of you know, we finally got moved into our new home in the country. We are on 10 wooded acres. We have been living here since January 3rd, but won’t say we are settled yet. Mike has been working on the old house to get it ready to sell. We are also still moving things from there to here.

We are hosting Easter dinner this year for the Ralston family – a first for us. I’m hoping the weather will cooperate and be nice enough to be out on the deck.

This year our “To Make Life Worthwhile” project will be Ronald McDonald house in Illinois. They have provided us with a “wish list” which is publishing in this issue and will also be in the next issue. We are also planning a fun trip to Long Grove, IL; a cute town with lots of fun/cute shops and places to eat. I’m sure you will enjoy it as much as Lynn Hoke and I did when we visit there in January. More information later.

I want to thank the SW Regional Association for there generous hospitality when Mike and I visited their conference in March. We had a great time.

Sandy Ralston, RSESA Int’l President
A proud Member of Region 9
The Great Midwest

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GATEWAY
CHAPTER
SINCE 1934

IN SUPPORT OF RSESA

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Niagara frontier CHAPTER, RSES

RESEA-8
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RESEA-9
Hello from Pittsburgh,
Spring is here in western PA. The spring flowers are showing off and I for one am again amazed! Art and I enjoy the Lily of the Valley the most. When Art was on the farm in York the ground around the spring house was covered with Lily of the Valley. His family would enjoy the cold water and the great smell and lovely delicate flowers. They used a long handled metal ladle which hung on the spring house door. Good memories from days gone by.

Our five grandchildren live close to us. All five are involved at our church with a Wednesday evening Children's Program. I am involved with the program and so enjoy seeing all the children grow physically and spiritually. The three boys are enjoying soccer and baseball. The girls are doing gymnastics and Art lessons. The evenings are busy getting everyone to their activities and back home again. The schedule allows for two free evenings and believe me we relish that time!

My mom will be 95 in Oct. We are planning a Birthday Party for her. She is an amazing lady with lots of spunk even at 95!

Art has been retired for three years and like everyone else finds it hard to believe he had time to work.

We look forward to seeing everyone in Oct.
Art and Karla Miller
Wish List
Ronald McDonald House
Near Central Dupage Hospital
0N150 Winfield Road | Winfield, IL 60190 | (630) 517-8678

Help us provide a ‘home away from home’ for families of children with complex medical needs.

Can you imagine the amount of detergent a house of 12 rooms can go through in one month? How about the amount of paper towels we go through in one week? By donating new and unused items from our Wish List, you are helping defray the cost of supplies that are used every day in our House or providing an “extra” for a family while they are away from home. Donations are accepted seven days a week, 9 a.m. to 9 pm.

For the House

- Individually wrapped snack foods (chips, cookies, snacks, granola bars)
- Keurig coffee K-Cups (regular and decaf)
- Juice Boxes
- Garbage Bags – 33/13/4 gallon sizes
- Liquid Laundry Detergent
- Lysol Wipes
- Lysol Spray
- Hand Sanitizer (all sizes)
- Laundry Detergent for infants (Dreft or All Free and Clear)
- Tin Foil, Saran Wrap and Wax Paper
- Plastic food containers
- Ziploc bags (all sizes, storage and freezer)
- To-go food containers
- Food handling gloves
- Liquid Dishwashing Detergent
- Liquid Hand soap
- Baking Soda
- Individual packets of liquid coffee creamer
- Individual packets of sugar and substitutes
- Individual mini boxes of cereal
- C-Fold paper towels, toilet paper, napkins and paper towels
- Batteries
- DVDs (no R rated)
- Wii U and Xbox One Games (Rated E)
- Gift cards to Target, Costco, Sam’s Club, Home Depot, and Bed Bath and Beyond

For the Families

Gift cards to Target, Jewel-Osco and local restaurants or activity locations
- Gas gift cards
- New toys for infants and teens
- Suduko or crossword books
- Journals or note pads, pens
- Mints
- Lip balm
- Mini hand sanitizers
- Umbrellas

For the Office

- Forever postage stamps
- Mailing Labels -White 1” x 2 5/8” Avery #5960
- White Shipping labels – 2” x 4” Avery #8363
- Copy Paper
- Post Its and note pads
- Ink Cartridges - HP 950XL and 951

*We are running low and especially appreciate your donations of bolded items*

www.RonaldHouseChicago.org
The meeting was called to order by President Frase at 8:55 am. Sgt-at-Arms Miller led in the RSESA prayer. Secretary Paschal presented our National Anthem. Conference Chairlady, Grace Wellander, welcomed everyone to Long Beach and extended an invitation to all programs planned for the group. Sgt-at-Arms Miller called the roll of officers and directors. President Frase appointed Pat McCarthy as Parliamentarian for the meeting. Copies of the 2013 General Business Meeting minutes were available to everyone. Sandy Ralston moved to accept the minutes, seconded by Lynn Hoke. Accepted. Treasurer Ziegelbein presented the Treasurer’s Report. Gail Paschal moved to accept, seconded by Pat McCarthy. Accepted. President Frase gave recognition to 1st time attendees, asking them to stand and introduce themselves. President Frase recognized Past Presidents present: Pat McCarthy, Sandy Ralston, Denise Ziegelbein, and Gail Paschal. Frase welcomed all chapter members, delegates and members at large.

President Frase announced the following committees for this conference:
   Nominating Committee – Gail Paschal and Barbara Frase
   Auditing Committee – Pat McCarthy and Jill Malone
   Credentials Committee – Grace Wellander

Credentials reported that we have 69 paid members. Votes available for this conference are 26 Chapter Delegates, 9 Members at Large for a total of 35 votes.

Sight Glass Editor, Karen Krepcik, presented her report. After much discussion about sending out email copies, we decided to go back to printed copies to everyone. She also reminded everyone that the deadline for issue 1 is January 1, issue 2 is April 1, and issue 3 is August 1.
The Awards Committee reported that we had one submission for the To Make Life Worthwhile award, Region 9.

We took a moment to remember those we have lost this year: Marsha Donaldson, Jerry Najolia, Frances Nix-Morris.

Unfinished Business: A check will be given to Shorty Schuck today for the memorial bench for Maxine.

New Business: Karen Krepcik moved that we start a scholarship fund annually for students in the HVACR industry, seconded by Jill Malone. After some discussion, Karen withdrew the motion.

The Nominating Committee presented a slate of officers and directors for the coming year.

President – Sandy Ralston  Publicity Director – Terry Hollander
Vice President – Denise Ziegelbein  Credentials Director – Grace Wellander
Secretary – Gail Paschal  Membership Director – Karla Miller-
Treasurer – Pat McCarthy  Chapter Supplies Director – Bonnie Johnson-
Sargent at Arms – Jill Malone  Officers Activities Director – Irene Thompson
Historian – vacant at this time  Past President – Barbara Frase
Sight Glass Editor – Karen Krepcik

Denise Ziegelbein moved to accept the slate with the exception of Historian, Gail Paschal seconded. Approved. Barbara Frase volunteered to be Historian. Jill Malone moved to accept, Terri Hollander seconded. Approved.

Shelva Hauer will continue to serve as Secret Pal Post Mistress.

Business from members: SWRA will have their conference March 5, 6, & 7, 2015, in Round Rock, TX.

Denise Ziegelbein will be taking dues after the meeting and will turn everything over to Pat McCarthy tomorrow.

President Frase disbanded her committees.

We adjourned at 9:55 am.

Gail Paschal, RSESA International Secretary
Chapter #04060

Virginia

Meets 1st Wednesday each month
Contact: Ray Clary, CMS
RSES/RSESA
val rses@comcast.net
Mid Southeast Regional Association
Consisting of Participating Chapters from
North Carolina • South Carolina • Virginia

Harlan “Skip” Krepcik, CMS, MBA, RCT
International President

FOR INFORMATION ON TRAINING PROGRAMS CONTACT:
REGION 4 DIRECTOR--RAY CLARY, CMS at controlsdoc@juno.com
NORTH CAROLINA--TOMMY PASCHAL at paschaltw@hotmail.com
SOUTH CAROLINA--ROBERT FOUST, CMS at robert.foust@us.af.mil
VIRGINIA--RAY CLARY, CMS at controlsdoc@juno.com

We look forward to seeing everyone
At the 2015 International Conference in Rosemont IL
Sept. 30-Oct. 3, 2015

For further information or to find a local chapter in your area visit
www.rses.org
Long Beach was a great city to have our Conference. I want to thank everyone who made my 60th birthday wonderful. I enjoyed all the attention I was given. 60 and still feeling 30...I don't think I have aged at all. Just a few extra pounds have been added over the years. Thank you for the Cakes and for the Drinks on the town. I was especially pleased to spend time with my daughter Ashley who came to visit me from Camp Pendleton where she is stationed. We don't see her very much and this was a treat. Thank you again. See you all in Illinois.

Irene Thompson, Officers Activities

Ladies. I am in charge of putting together a scrapbook for our current President Sandy Rallston. I am looking for pictures anyone may have that I can put in the book. Also, if you have a memory you would like to share with Sandy and I could put in her book please email me. ithomp2926@comcast.net.

Everyone’s help would be greatly appreciated.

I would like to make this as nice as possible.
Hello Everyone,

Hope this finds everyone doing well. We are busy, as usual, here in our little corner of the World. I have been spending lots of time staying with my Mom. We’ve been working on a neck tie quilt, going through old papers and boxes from her attic, shelling dried beans from my brother’s garden, doing some yard work, cleaning her house and doing some cooking.

Vegas and Tyler’s school collects box tops for education and Campbell’s soup labels as a fundraiser. I’ve taken those with me and Mama’s helping cut them out and count them. She has much better days when she has something to do. Vegas is still in gymnastics. She was playing baseball and soccer, but soccer won out when the two schedules collided. Tyler has switched from Karate to gymnastics and is also playing baseball.

One of Tommy’s cousins died earlier this year. She was never married, had no children and no brothers or sisters, so we helped go through her things and helped with the auction.

We went to Round Rock, Texas for the SWRA conference in March. We always love visiting them. It’s just like being with home folks. What would life be without fun loving people?

My sisters and I took a little time off this winter from singing for the senior gathering. We started back last Friday and will probably be doing that once a month until winter. We are playing at a Craft Fair in our hometown of Eden, NC on June 6th. The Can’t Hardly Play Boys and Gail are still meeting on Thursday nights to play.

I crocheted 2 blankets this winter and several beanies. I’m crocheting flowers and attaching to some of them. Something else I’ve been experimenting with if crocheting scrubbers. Made some with tulle on a spool, and made some with cotton. My violin lessons are coming along nicely. It’s almost recital time, again. Hope everyone has a great summer. Be careful and stay healthy,

Gail Paschal, RSESA International Secretary

RESEA-17
DALLAS CHAPTER
CONTRIBUTOR AND SUPPORTER OF THE
“SIGHT GLASS”

REFRIGERATION SERVICE ENGINEERS SOCIETY

CONTACT: HARRISON TRAVIS III, CM
hot3rdcm@hotmail.com
Hello to everyone from sunny Fort Worth Texas (at least today) we have had some rain here which is needed so very much. At least part of our lakes in the area are on the rise. In fact a couple of lakes are almost up to normal. Some of them were 10+ feet low at the beginning of the year.

This is my first article as Treasurer of the Auxiliary. Looking forward to serving as Treasurer for the Auxiliary again. There has been a little bit of learning curve though. Thanks to Denise for her help. Had just forgotten on how to do some things, but it is now coming back to me (well part of it anyway) Denise has managed to teach me a couple of new things also.

I have been working on getting all checks in the bank that I have on hand. There are a lot of you that have not paid your dues for the year of 2015. How about getting those checks in the mail to me just as soon as you can?

I intend to contact some of you that are a little behind to see if I can get you to pay back dues and get caught up completely.

Now for some McCarthy news. Somehow from Jan 1st to Jan 5th, I broke my left foot. Same one I broke several years ago. So back in the lovely "boot". After two full months in the boot, just was not healing well. So after the SWRA conference in March, I had surgery. Now the Dr. made it sound "like a piece of cake". Wrong!!!. First sign that things were going to be difficult was the statement "no shower". Hmmmmm. The reason was no weight on foot. It was decided that a walker was going to be how for me to get around. So could just tap the left foot on the ground to move. If some of you remember, I was supposed to get my right knee replaced in March. Well that couldn't happen now. Will get knee done after conference in Chicago. Beside this the darn thing was very painful.

After two weeks back to Dr. Yea!! I could then take a shower but (big word) cannot get foot wet. Some day I Will tell you all about that experience. Remember I am married to an A C man.

Now it has been over a month and foot is doing well. Still in walking shoe which is like the shoe part of the boot but isn't as heavy to walk around in. Go back to Dr. In the middle of May and all should be good. Now if I can wear a regular shoe on that foot? I have not been to the grocery store in over 3 months.
Look forward to seeing some of you in Chicago in October. I would think the weather would be really nice in Chicago in October. I have never been to Chicago so will be interesting. We are going to drive as usual. Hope to Casino hop on the way. Also, there are Casinos in the area not far from the hotel. Should be fun!

Until next issue

Pat McCarthy, International RSESA Treasurer
Compliments Of The Tidewater Chapter of Virginia

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The Refrigeration Services Engineer Society

1911 Rohlwing Road, Suite A
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www.rses.org

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Hotel Information

By booking your hotel stay at the conference hotel, you help RSES keep the costs of the conference registrations down. RSES has reserved a block of guest rooms at the following conference hotel:

Embassy Suites Chicago - O'Hare/Rosemont
5500 North River Road, Rosemont,
Phone: 847/928-7622

Reservations: Reservations can be made now through the hotel and should be made no later than Aug. 29, 2015 to ensure the group rate. Conference guests are required to either call or make reservations online using the link below. Mention group name "RSES 2015 Annual Conference" and group code "RSE" when making reservations by phone.

Be sure to make arrangements ASAP to attend the RSES Annual International Conference! We Look forward to seeing everyone in Chicago, Illinois

Hotel and Transportation Inquiries

For more hotel and transportation information please call RSES at 800/297-5660 or 847/297-6464, or e-mail conference@rses.org.

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Annual Conference            September 30-October 3-2015
Rosemont, IL    60018

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DATE: __________________________________________

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ALTERNATE DELEGATE: _____________________________

(MAL) CITY AND STATE: ____________________________

SIGNED BY MEMBER AT LARGE: __________________________

Mail this copy to the International Secretary:
Gail Paschal -5412 Milford RD -Greensboro, NC 27405

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78th Annual RSES Conference and HVACR Technology Expo
Sept. 30-Oct. 3, 2015

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The Refrigeration Services Engineer Society
1911 Rohlwing Road, Suite A
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www.rses.org